

Introductions

What was the most difficult thing about lockdown and what did you miss most?

The social contact with other people.

Seeing friends

Missed my family

Every day interactions that we take for granted.

Family Friends

Eating out

Hugs

Camping

Socialising

What was the most difficult thing about lockdown and what did you miss most?

Not getting to the Epi centre

Caring for grandparents

Swimming

Sitting in coffee shops

Spending time with friends and extended family

the most difficult was my mental health and trying to keep my emotions in check, there was a lot of stress with lockdown and being stuck inside. I missed being with my friends and being able to spend time with them

Travelling

Driving lessons

Rachel



What was the most difficult thing about lockdown and what did you miss most?

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Rachel mc parland

Interactions with people that are normal

Working in a high pressured NHS environment while managing studies

The lack of support from normal support places such as school and peers

Physical Contact

Not seeing youth leader

Having a normal life

Youth Groups



What was the most difficult thing about lockdown and what did you miss most?

School

More appreciative

Time spent at home with family

Went for loads of walks

Going to restaurants and coffee shops

Learning to appreciate family- not being able to see them made me realise how important they really are

Getting to help during the pandemic in a paid and also voluntary role at the Foodbank and NHS donation hub

Work family

Parents and grandparents

What was the most difficult thing about lockdown and what did you miss most?

Pets

Family

Routine

Foodbank volunteers

Were there any benefits from lockdown and what did you most look forward to after lockdown ended?

Learnt how to do math

A benefit was learning to appreciate what I have

I gained an Appreciation for normality

Time to dedicate to skills where there wouldn't be the time normay

I baked more

Self love

I looked forward to seeing my family

Time to self

Got to spend time with immediatw family at home



Were there any benefits from lockdown and what did you most look forward to after lockdown ended?

More time for walking and self care

Online programs

I got to know my family a bit more and felt more closer to them during lockdown compared to a normal day, there was a lot of opportunities to do things I normally couldn't do or had time with like finishing my books or practicing hobbies

Online programmes

I had free time that I normally wouldn't have as a student

More opportunities for youth projects as it can be online

The EA stay connected programme was good

Interested and Joined many projects to fill the time which has brought new friends and enjoyable things to do

I got to work in my sleeping pattern and try to help my health be better

Were there any benefits from lockdown and what did you most look forward to after lockdown ended?

Look forward to getting back to the Epi Center

The Great Indoor Badge (1,2,3)

Probably was most looking forward seeing people in real life not over zoom and making plans that were talked about actually happen

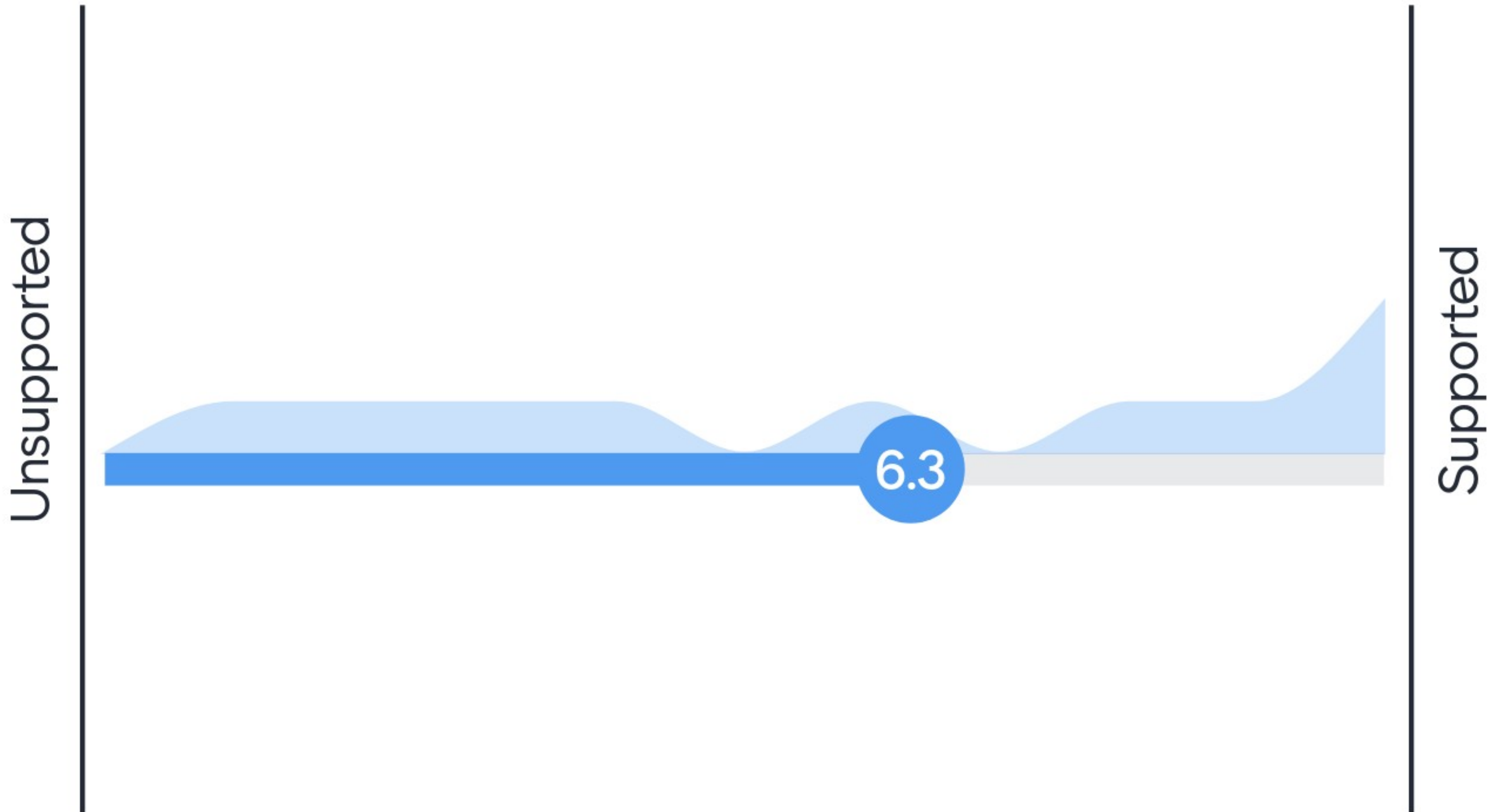
I enjoyed getting to see the youth leaders when they left the packs off

Meeting people for the first time who you met over online programmes

Who provided you with emotional support?



Did you feel supported during lockdown?



How did your school or the government support your mental health and wellbeing during lockdown, if at all?

Poor

Illplanned

They didn't

Handled wrongly

Not at all

Extremely poor

There was no dialogue to the support

it wasn't good and wasn't enough

After the first lockdown I expected better

How did your school or the government support your mental health and wellbeing during lockdown, if at all?

Left for young people to sort out themselves

Lonely

Local mla's were lovely

University was very supportive!

First lockdown school was poor but the more recent lockdowns particular teachers were helpful

After getting work done they left us

School let us down a lot

Absent

First lockdown schools where threw in at the deep end but got to know their ways second lockdown

How did your school or the government support your mental health and wellbeing during lockdown, if at all?

Local MLAs were a supportive

Local MLAs were supportive

Local mlas were supportive my constituency as they distributed hampers

Differences between schools. Seemed to be no upper level support.

Education Authority youth service were supportive

Any support that might have been there was poorly advertised

Good mental health support in some areas. Very poor in others

Needed to have someone other than just 24/7 family

GCSE & As got all the focus

How did your school or the government support your mental health and wellbeing during lockdown, if at all?

This Y13 suffered at GCSE, won't have AS to count towards As. Does not feel fair. May impact their future

If there are further lockdowns what could the school or government do to support your emotional wellbeing and mental health?

More support being advertised to young people.

Standardised support not done independently. Top down guidance and support from the DE.

Make sure it's not up to the young person to find out support

Government takes responsibility for their actions regardless of what they are

the government could focus on getting counseling services through zoom or something to everyone as even the smallest issue can cause a lot of effect on someone.

the school's need to focus on what they need to prepare for better and make sure their staff knows what exactly is happening as a lot of teachers have been shoving work at students constantly instead of a steady flow of work

More advertising for support and services

Understand that we are demotivated at home and not put so much pressure on students to get work done and interact more and not just about work

The lack of attention for needs that once where there such as SENCO ones.

If there are further lockdowns what could the school or government do to support your emotional wellbeing and mental health?

Not put pressure on students that have practical subjects to get all practical exams done as it's not our fault

Listen to us as it is us affected not then

Unrealistic deadlines. Parents reported many complaining with no response

What one thing could the school or government do to help you cope with school life now and in the future?

Focus on the child

Focus on the Health of Children

have better funding for counseling services for local areas or better advertising to show that support is available

Have catchup sessions with teachers and if there any concerns be able to speak to them e.g one to ones

Plan in advance. We are aware of COVID there is no excuse for lack of planning now. It's been over a year.

Gov kept saying better next time but each lockdown still a problem

No long term planning for exams

Govt did not take responsibility for young people & exams

Y have an alternate way of accessing are exams

What one thing could the school or government do to help you cope with school life now and in the future?

Don't pressure students as much

They left it to the young people instead of taking responsibility

No top down guidance visible

Positive acknowledgement from university tutors

Very difficult to work hard for no outcome

Is there anything else the Committee should consider about the impact of lockdown on learning and young people's mental health?

making sure all the plans are clear with schools and colleges and they know what's happening

Personal circumstances of the youth people, for example, more difficult home environment

Although not related to lockdown I think the uncertainty at the Executive table and the possible DE Minister switch that could happen due Poots being the party leader. Although I don't think Peter weir did a good job. There is the stability.

Practical students e.g. beauty courses should have more understanding when having to do practical exams and not putting them under so much pressure

some young people are carers and this can be difficult on top of studies

Rachel

Being alive and not being affected my Covid-19

Following the experience of lockdown what are you now most grateful for?

The Contact between Peers and Teachers

Rachel

Family

Physical Contact

Having time that I would have had to spend with my family and friends

Being alive and not being affected by COVID-19

Socialising

Made me take a better lookout of life and has made me more great full for life

being able to voice our concerns and experiences with the government and others

Following the experience of lockdown what are you now most grateful for?

Realising what you don't actually need

Hugs

Being able to be healthy for fighting COVID-19 when I was effect

Everything

How much we miss going out and having fun